



Preserving and Enhancing the Quality of Life in the Burbank Area

Mark Your Calendar

Tuesday, Sept 18th – BCA Meeting with Councilmember Oliverio

Be sure to come and chat with Councilmember Oliverio. It will be a great opportunity to ask questions and have your voice heard in a small group setting.

Tuesday, Oct. 16th – BCA Meeting with Scot Vallee – Valley Fair Mall

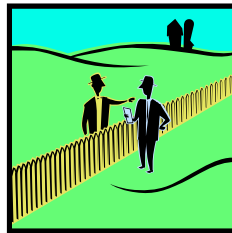
Come and join us to hear about how the plans for the mall expansion are going.

Saturday, Oct 24th 10am – 2pm ~ Fall Family Health & Resource Fair

Don't miss this information and fun packed event at the Luther Burbank School (Wabash and West San Carlos). O'Connor Hospital and BCA are partnering together to host the biggest health fair in BCA's history. Over 700 free adult flu shots will be given away.

National Good Neighbor Day ~ September 28th

In the early 1970's, Mrs. Becky Mattson from Lakeside, Montana recognized the importance of good neighbors, and started the effort to make this a National day. With the help of Congressman Mike Mansfield, she succeed in getting three presidents (Nixon, Ford, and Carter) to issue proclamations, along with numerous governors.



In 2003, the U.S. Senate passed a resolution, sponsored by Montana Senator Max Baucus, making September 28, National Good Neighbor Day. Previously, this day was celebrated on the fourth Sunday of September. – info from www.holidayinsights.com

- Be sure to help celebrate National Good Neighbor Day by:
 - helping a neighbor with lawn care
 - taking a meal to a sick or elderly neighbor
 - sitting with then and sharing a story
 - bringing them some fresh cut flowers
 - saying HI and waving over the fence

Important Dates

September

- 11– WSCBD Meeting
- 15 - Ewaste Collection
- 15 – Pancake Breakfast
- 18 – BCA Meeting
- 28 – National Good Neighbor Day

October

- 8 – WSCBD Meeting
- 14 – Rock N Roll Marathon
- 16 – BCA Meeting
- 27 – Health Fair

Back to School – Keep Our Kids Safe

It is that time again when the streets are filled with children headed to and from school. Please be sure to slow down when children are present and to take extra care around school buses. Remember that when a school bus flashes its red lights you must stop (whether coming behind or towards the bus) until the lights stop flashing unless the bus is on a divided or multilane (2 or more on each side) road. Failure to do so can result in a \$1,000 fine and one year suspension of your license.

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The first Labor Day was held celebrated in New York City on September 5, 1882 and was started by the Central Labor Union in New York City. In 1884, it was moved to the first Monday in September where it is celebrated today. Labor Day quickly became popular and one state after another voted it as a holiday. On June 28, 1894, the U.S. congress voted it a national holiday. – *info from www.holidayinsights.com*

Rock N Roll ½ Marathon – October 14th – Street Closures

Do you plan on driving around the Bascom, Hedding, Emorey or Dana on October 14th? Be sure to check out www.RNRSJ.com to find out what streets will be closed and when to accommodate the Rock N Roll marathon. This 13.1 mile footrace will host 13,000 participants from all over the United States and beyond.

Interested in volunteering for the event? Contact VolunteerSJ@eliteracing.com or call 800-311-1255.

Our August Meeting – Thank You For Your Attendance

Thank you to everyone who attended our August meeting. We had a great turn out and lots of lively discussion. We appreciate everyone who took the time from their busy schedules to give their input on issues such as San Jose City College's Leland entrance and traffic calming.

Free Ewaste Recycling

The Volunteer Center of Silicon Valley in partnership with City Council Member Pierluigi Oliverio and 30 Neighborhood Associations are sponsoring this free electronic waste recycling day.

When: Saturday, September 15th
9am – 3pm

Where: United Way Parking Lot –
1922 The Alameda

Contact – Steve Ramona
408-573-8573

Assemblymember Jim Beall Jr. Free Pancake Breakfast

Come enjoy a complimentary pancake breakfast with your neighbors and discuss legislative and community issues.



When: Saturday, Sept 15th
8:30am – 10:30am

Where: Campbell Community Ctr
1 W Campbell Ave, Cmpl

RSVP: 408-282-8920

Toasted Pumpkin Seeds

Rinse pumpkin seeds. Using your fingers remove all the pulp. Drain the seeds and spread them out on paper towels on a cookie sheet to dry overnight.



Preheat oven to 250 degrees.

Line baking sheet with non-stick foil. Toss pumpkin seeds in olive oil, butter or spray with cooking spray. Season as desired. If you like them extra salty soak overnight in 2 cups of water with ¼ cup salt (be sure to dry before toasting).

Bake 1 hour tossing every 15-20 minutes or until golden brown.